

# What happens in a Group EBW Experience?

## **What this is: Sacred Erotica -**

A group of Like-minded Spiritual/Sensual/Erotic Men honoring and Witnessing the Creative aspects of sexual energy; Seeing the energy of Love flowing within the erotic; Honoring the sacredness of erotic pleasure. A Body/Mind/Spirit Erotic connection with other like minded men who value the combination using erotic energy to take them to a deeper spiritual and emotional level.

## **DISCLAIMER: WHAT IT IS NOT....**

An Orgy, A Hook-Up, A Way to get your Rocks Off. While we actively work with erotic energy and direct genital touch, this is not about having any type of penetrative sex. No fucking, sucking, fingering, deep kissing or anything else insertive. This is NOT about getting off. The goal actually is NOT to ejaculate but to move your genital arousal throughout your WHOLE energy system!

**ROLES:** This is a process defined roles of Giver and Receiver. The Giver will maintain the focus on his partner and their needs, not his own needs or what is happening in other dyads. The receiver is focused INWARD and not on mutual engagement with the giver. His ONLY job is to receive. The receiver will negotiate with the giver before commencing what is acceptable in terms of areas and degree of Touch/Stimulation, and at any point will say STOP if the touch is unwelcome. The Giver will respect the negotiated limits and any boundary the receiver sets during the experience.

## **Typical Structure:**

Opening Circle (Introductions/ Info on What EBW is)

Trust Building (Inner/Outer Circle)

Mindful Undressing Ritual

Group 1 Breathes/Group 2 co-journeys (In Dyads)

Breather Mandala Making (Sacred Art to capture the essence of your erotic journey)

Break for snack (provided)

Group 2 Breathes/Group 1 co-journeys (Same Dyads)

Breather Mandala Making (Sacred Art to capture the essence of your erotic journey)

Sacred Sharing/Processing/Showing Mandalas

Closing Circle

## **What to Bring:**

A water bottle

A journal/pen if you wish to write your experience while fresh

Items for the Altar if you wish (photos, special small items, important talismans etc...)

**Your Nest** --- The floors are wood, you need something thick to lay on, (a camp mat, a thick comforter, a sleeping bag etc) a pillow, 2 flat sheets that you don't mind getting massage oil on (One for under you/One for over you), and a large towel to remove oil/sweat... Wear socks if your feet get tend to get cold. Stuffed animals/Totems welcome too....

If there are any adornments you wear when naked to raise your erotic energy... for example: piercings, body decorations, cock, glans and ball rings, Body Paint... Feel Free to indulge.

Please arrive freshly showered with no cologne or strong scents...